



The College of Food

A Barwon region partnership - Birregurra, Deans Marsh & Forrest



Born from of a collaboration between Forrest Neighbourhood House, Deans Marsh Community Cottage & Birregurra Community Centre the "College of Food" project aimed to inspire, support & challenge young people to step up to the plate & serve up their best in an exciting skills based food program.

"The 10 week course included cooking classes, visits to local food producers and cooking an exquisite afternoon tea for 100 guests."

"They learnt about team work, how flour is made, what food miles are, and really practical cooking skills like how to read a recipe and knife handling skills."

Emma Pakula, Coordinator Forrest NH

"Food security was a key theme and the kids grappled with concepts of poverty, inequity, sustainability and the benefits of growing your own food and buying seasonal & local produce."

"The experience for some of the kids was life-changing, with a parent commenting recently that for her son this project has changed his life trajectory in what he aspires to do." Emma

Held in July – September 2017 the project was funded by Give Where You Live & attended by by over 30 boys and girls aged 8 – 12 years living in the small rural towns of Birregurra, Deans Marsh & Forrest. Its purpose was to build social networks, confidence and life skills for these young people



If you would like to view some inspirational video stories visit the BNNC Youtube Channel
<https://www.youtube.com/channel/UCPSomqui-EnQ2JlcGxDVVhw>



For more information on Barwon Neighbourhood Houses contact BNNC Networker Christine Brooks on 0428 633 271 or barwonet@gmail.com

