



Improve your skills - Expand your mind

COURSES @SpringDale

We are an Autism Friendly Organisation

Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible.

Term 1
Feb-March
2020



Course and Opportunity Guide.

SpringDale Neighbourhood Centre offers classes as part of our mission and the purpose of our organisation. We do this in conjunction with many partners including all our Instructors, a number of businesses and some Registered Training Organisations.

I believe all our activities include a brain training component, an interpersonal component, and even a practical component. We would appreciate any feedback you have at any time to help us improve our offerings and the experience we offer to our community.

Thank you to everyone who was so patient during our renovations last term. Our facilities have been upgraded with improved disability access in our foyer and also our toilet facilities. Thanks to City of Greater Geelong for these upgrades. We'd love to hear your feedback.

We are developing a few new requests and hope to add them to our offerings early in 2020. Please stay up to date with our offerings on our website and via our weblmail.

Anne Brackley - Coordinator

SpringDale Neighbourhood Centre Inc

New

Spam Phishing & Password Protection

Designed to make you aware of phishing, scams, spam emails and password manager protection. All the information is designed to make your online surfing safer. Explore the common phishing tactics used so you can avoid them. Learn to spot spam emails. Learn to use a password manager to protect your passwords to a range of accounts and web sites.

Instructor: Agata Commisso

Dates/times: Tues 4 Feb 10.30am-12noon

Dates/times: Tues 3 Mar 10.30am-12noon

Fee: Free

My Gov - The practical way

My Gov is the defacto online resource to accessing a range of Government Departments.

Learn how to create an account if you do not already have one. Learn how to login in with reference number and password. Learn how to use two factor identification with your mobile phone.

Explore a range of government services available and how to access and use them. Specifically reviewing Medicare, Centrelink, My health record.

Instructor: Agata Commisso

Dates/times: Tues 11 Feb 10.30am-12noon

Dates/times: Tues 10 Mar 10.30am-12noon

Fee: Free

Creativity Workshop

Designed to help activate your creativity, via a variety of different techniques. The techniques include fine art, sand play, painting, movement meditations, autobiographical comic making, music, drama and narrative therapy. Each of these modalities are to be explored and encourage individuals to work on their creative lives, according to the philosophy that everyone is creative, no matter your background, and through creativity, your life can become more vibrant.

Instructor: Courtney Brackley B.A.

Dates/times: Mon 3 Feb - 24 Mar 10am-12noon

Fee: Free

Fermenting Workshop

Come to a day of learning how to ferment..we will make Kimchi, Kombucha and depending on what's in season..you never know. Perfect for beginners or anyone just wanting a day in the kitchen. Bring some jars, a sense of adventure and humour and anything you may have growing in the garden that we can ferment. Course requirement list TBA.

Instructor: Charlene Bancroft

Dates/times: Sat 22 Feb 10am-2pm

Fee: \$65

Sourdough Bread Making Workshop

Learn how to make a sourdough Starter, how to look after and feed it, and then make a delicious boule style sourdough loaf as well as some currant buns, crumpets and sourdough pancakes. Hands on class with lots of info and fun to be had. Bring a bowl, a jar and let's knead together.

Instructor: Charlene Bancroft

Dates/times: Sat 21 Mar 10am-2pm

or Mon 23 Mar 10am-2pm

Fee: \$65

Five-String Banjo for Beginners

Twangy, percussive, spine-tingling - the banjo has a unique sound. In its various forms, it is famous for blazing-fast bluegrass rolls and licks, moody country blues riffs, quirky trad jazz and driving Celtic rhythms.

This is an introduction to playing five-string banjo for complete beginners. We will be using the 'Scruggs' or three-finger picking style which is the basis of bluegrass banjo. This style can also be easily adapted to other genres of music and is a great jumping off point for exploring the capabilities of this versatile instrument.

We will be learning in a supportive, small-group situation (2-5 students). BYO banjo!

Instructor: Steve Williams

Dates/times: Tues 28 Jan - 3 Mar 3.30-4.30pm

Fee: \$150 conc \$120 (6 Sessions)

Five-String Banjo for Post-Beginners

So you've got your five-string banjo basics down and would like to take it further? Great!

This is a course for novice banjo players who can play a steady forward roll and manage basic chord changes (G-C-D), but don't yet have the skills and confidence to take part in a jam. We will be using the 'Scruggs' or three-finger picking style which is the basis of bluegrass banjo - and can be adapted to many other genres and styles of music.

We'll be improving our skills, adding some neat techniques to our repertoire and playing some new chords. And of course, learning a few new tunes!

We will be learning in a supportive, small-group situation (2-5 students).

Instructor: Steve Williams

Dates/times: Tues 28 Jan - 3 Mar 4.30-5.30pm

Fee: \$150 conc \$120 (6 Sessions)

Help SpringDale help yourself

We have been helping people find jobs for many years and we'd love to help you. Perhaps you would like to know what we do at a Neighbourhood House? Perhaps you would like to help and build your confidence? We'd like to help.

Instructor: Anne Brackley

Dates/times: Mon 10 Feb and 17 Feb 10am-noon

Fee: Free

Writing for a Special Purpose

Always wanted to write something special about yourself, a family member, a thing or a place and didn't know where to start. This course will look at the basic principles of writing in English for different purposes and contexts. Start to write for your own personal purpose, learn how to receive feedback to develop your writing, learn how English works in different ways in writing and we'll have fun.

Instructor: Kate Cadman

Dates/times: Tues 4 Feb - 24 Mar 9.30-11am

Fee: \$120 or **Conc** \$80

Decluttering - Getting Started

This is a four part course run over 7 months. The first instalment is how to get started. Kuma will use his knowledge of property styling and Marie Kondo to help you get started on your home. You will also look at the local Council rules concerning recycling and hard rubbish collection.

Instructor: Kuma Stephens

Dates/times: Wed 26 Feb or Wed 18 Mar

2-4pm or 6-8pm

Fee: \$40 or **Conc** \$20

Being Creative

Foundation Art Course

Discover the Artist Within - Level 1

Art course using drawing media for adults. This is an introductory or refresher course with no previous experience required. Improve your skills learning to see as an artist "sees" through drawing exercises.

Instructor: Annette Playsted

Dates/times: Tues 4 Feb - 24 Mar 1-3pm

Fee: \$135 or **Conc** \$75

Media Art Course

Discover the Artist Within - Level 2

To help you develop further as a potential artist this course is designed for those who have completed the level 1 course. Learn about Painting and Drawing methods. Increase your media knowledge in the techniques and processes of painting and drawing.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 30 Mar 1-3pm

Fee: \$135 or **Conc** \$75

Advanced Art Workshop

Develop the Artist Within - Level 3

How to further develop your knowledge and broaden skills and perceptions. Designed for hobbyists or art students who have studied at the intermediate level of discover the artist within. Challenges are set to encourage the building of ideas to improve conceptual development and encourage the experimental use of media to broaden and develop unique approaches to media.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 30 Mar 1-3.30pm or

Dates/times: Tues 4 Feb - 24 Mar 10am-12.30pm

Fee: \$145 or **Conc** \$80



All Abilities Art

A studio based program for people of all abilities to explore their creative self using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed environment.

Instructor: Celia Adams

Dates/times: Fri 7 Feb - 27 Mar 10am-12pm

Fee: \$160 or **Conc** \$80

Bookings essential



Digital Photography - Sculpting with Light

How to get great results from a qualified teacher and professional photographer. You will learn and understand composition, using colour, posing, lighting techniques using shutter speeds, aperture ISO, Different file formats, downloading images from camera, phone or tablet.

Instructor: George Stawicki

Dates/times: Mon 24 Feb - 16 Mar 7-9pm

Fee: \$110 or **Conc** \$100 (4 sessions)

Ukulele Beginners

Learn to play the ukulele for the beginner or a refresher if you already started. Support and guidance is offered during the sessions to assist with your skills.

Note: Your own ukulele is required

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 9-10am

Fee: \$95 or **Conc** \$85 (8 sessions)

or Single sessions \$15

Ukulele Intermediate

Having completed the beginner course, you are now ready for continued leaning of the ukulele.

Note: Your own ukulele is required.

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 11am-12noon

Fee: \$95 or **Conc** \$85 (8 sessions)

or Single sessions \$15

Ukulele Advanced

Having completed the beginner and intermediate courses you can now reach your full potential with the advanced leaning of the ukulele. Improve your skills and learning at an advanced level.

Note: Your own ukulele is required

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 10-11am

Fee: \$95 or **Conc** \$85 (8 sessions)

or Single sessions \$15

Cheese Making

Ever wanted to make your own cheese but was unsure of how to do it....well this class will cover all the questions you ever wanted to know. This is a hands on workshop where you make your own cheese and get to take it home. There will also be lactic curd cheese to produce and we will finish off make traditional ricotta. Requirement list closer to the date but will just be a couple of containers to take your cheeses home in.

Instructor: Charlene Bancroft

Dates/times: Sat 4 April 10am-3pm

Fee: \$100

Teenage Sewing Classes

Learn to sew. Learn how to complete small projects with new and different techniques in each class. Learn to make your own personalised gift. Short projects you can take home on the same day. Utilise sewing machines, accessories, and haberdashery. Sewing machine provided or if you prefer to bring along your own.

Instructor: Denise Kent

Dates/times: Sat 8 and 22 Feb, 14 and 28 Mar 10am-12noon

Fee: \$20 per session

Espresso Coffee Making

How to make your coffee taste like a café using your home or work machine. You will also learn how to get the most out of your coffee machine.

Instructor: Jordon Smith

Dates/times: Sat 1 Feb or 7 Mar 10am-12pm

Fee: \$40

Sustainable Wardrobe Workshop

Learn how to update or upcycle a garment. Update something you found at a recycle shop or blend with something from your wardrobe. Upcycle or re-purpose items you already possess. You will learn how to replace a button, to mend a 'worn spot', to repair fallen hems, shorten (or lengthen) a garment or even a sleeve, to enjoy more wear from a favourite garment.

Instructor: Denise Kent

Dates/times: Thurs 19 Mar and 26 Mar 12-2pm

Fee: \$160 or **Conc** \$80



Wellbeing

Yoga

Hatha yoga promotes wellbeing by bringing the body, mind and spirit back into harmony. Yoga classes enable people of all abilities and ages to gently work at their own level to improve their movement and bodily awareness through a range of yoga techniques. These include moving through various stretches, breathing exercises, meditation and relaxation.

Instructor: Glenda Breedveld

Materials: Bring your own mat and blanket if required.

Venue: SpringDale Hall

Dates/times: Mon 3 Feb - 23 Mar 9.15-10.45am

Fee: \$115 or **Conc** \$105 (7 sessions)

Dates/times: Thurs 6 Feb - 26 Mar 6-7.30pm

Fee: \$135 or **Conc** \$120 (8 sessions)

\$20 per session if paying for single sessions

Tai Chi

Basic Tai Chi principles and exercises. Tai chi is an ancient practice of combining slow, deliberate movements, meditation, and breathing exercises. Tai chi consists of exercises equally balanced between yin and yang, which is why it is so remarkably effective. Learn all this in a fun and supportive environment. Suitable for all levels.

Instructor: Kathy Lanthois

Dates/times: Tues 4 Feb - 24 Mar 7-8pm

Fee: \$95 **Conc** \$85 for 8 Sessions

Dates/times: Fri 7 Feb - 27 Mar 9-10am

Fee: \$95 **Conc** \$85 8 Sessions

\$15 per session if paying for single sessions

How to use a Defibrillator

By using a defibrillator before an ambulance arrives can double someone's chances of survival. Using one is simple but being walked through the process will give you more confidence to come forward and help a person during an incident. Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO90909

Instructor: Stayin' Alive First Aid

Dates/times: Thurs 6 Feb 6-7.30pm

Fee: Free

Languages

Latin

The language of Catullus and Cicero for the beginner or for someone who has some previous Latin learning. A range of internet resources are used in the course.

Instructor: Neil Bell

Dates/times: Fri 7 Feb - 27 Mar 2.30-4pm

Fee: \$50 for 10 weeks

Intermediate French

Designed for enthusiasts of the French language. The course focuses on vocabulary, comprehension, pronunciation and some grammar. This course is designed for those with an intermediate level of knowledge of the French language. Join a friendly and supportive group with ongoing lessons.

Instructor: Serge Botans

Dates/times: Tues 4 Feb - 24 Mar (9 weeks)

11.30am - 12:45pm

Fee: \$135 or **Conc** \$120 or Single sessions \$20

Autism Plus

Talking about Autism

A time for sharing helpful and practical information for people interested in the Autism spectrum.

Facilitator: Anne Brackley

Dates/times: Fri 28 Feb 1-3pm

Bookings essential

Fee: Free



All Abilities Art

A studio based program for people of all abilities to explore their creative self using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed environment.

Instructor: Celia Adams

Dates/times: Fri 7 Feb - 27 Mar 10am-12pm

Fee: \$160 or **Conc** \$80

Bookings essential

NDIS Families as Planning Partners

A course designed for families and careers who want to understand and use the NDIS as an opportunity to build a "good life" for their family member. Covering understanding NDIS, getting your point across effectively, NDIS Planning, and whole of life planning. How to manage the plan supports and funding.

Instructor: Donna Shaw VALID

Dates/times: Wed 29 Jan - 19 Feb 9.30am-12.30pm

Fee: Free

Digital Technology

Introduction to Computers

You will learn how to use your laptop or desktop computer system more effectively.

In this supportive environment created by our instructor, you will be exposed to how to use the mouse, how to set up folders and files, use email, and be exposed to a whole range of things that can be done with your computer.

Instructor: Brenda Richardson, Literacy

Skill Level: Beginner

Dates/times: Thurs 6 Feb - 26 Mar 1-3.30pm

Fee: \$170 or **Conc** \$80

Computers - Beyond the Basics

This is a continuance course from the introduction to Computers. This course is designed for those who have used a computer before and now want to move to more advanced learning such as how to search the internet for information, create more than just a basic document, as well as set up a computer to your preferences and likes.

Instructor: Brenda Richardson, Literacy

Skill Level: Intermediate

Dates/times: Thurs 6 Feb - 26 Mar 1-3.30pm

Fee: \$170 or **Conc** \$80

Smart phones, iPhones, tablets, iPads

This introductory course is designed to assist you to understand and use your iPhone or iPad confidently. Conducted in a friendly relaxed environment you will learn step by step how to set and use your device. We will cover issues such as security, keeping in touch with friends and family. Researching the correct apps available for your needs.

Instructor: Brenda Richardson, Literacy

Skill Level: Beginner

Dates/times: Tues 4 Feb - 24 Mar 1-3.30pm

Fee: \$170 or **Conc** \$80

Buying and Selling on eBay

This course will navigate you through the process of getting started buying and selling your goods and services on eBay. The first session focuses on buying and the second one focuses on selling. NOTE: Bring along your email address and password as well as your banking details so you can get up and running while attending the course.

Instructor: Ken Brackley.

Dates/times: Tues 4 Feb and 3 Mar 4-6pm

Fee: \$50 or **Conc** \$30

Future Direction

Thinking about being a Support Worker?

Have you thought about caring for a person with some challenges and wondering whether this is the right option for you. Explore the possibilities with an experienced trainer leading you through some scenarios to assist you in your decision.

Details: To be advised



Confidence through Cookery

Learn basic cooking techniques for making meals and developing food, nutrition and food handling knowledge.

Instructor: To be advised

Dates/times: Tues 4 Feb - 24 Mar 10am-2pm

Fee: \$160 or **Conc** \$80

Returning to Earning

If it has been a while since you did any studying, this course is designed to assist you. The course will help with issues like, you feel as though you have been left behind or feeling that you may not be able to keep up. Helpful information will include how to use the internet to research information and how to upload your work to an educational institution. You will also develop a career portfolio.

Instructor: Anne Brackley

Dates/times: Tues 18 Feb & 10 Mar 10am-12noon

Fee: Free

Focusing on the Future

This course is designed to give you a sample of a number of classes running at SpringDale to help you decide on your future direction. Come along and share your ideas, experience and dreams. Then we will select a range of classes to suit your skills, ambitions and desires.

Instructor: Agata Commisso

Dates/times: Mon 3 Feb and 7 other sessions 10.30am-12noon

Fee: \$100 or **Conc** \$80

Joy of Volunteering

The joys of volunteering include giving back to the community, using your unique skill set. Many organisations and clubs rely on volunteers to survive. This course looks into all aspects of volunteering. It's also a great way to meet people. Listing volunteering on your resume is a plus.

Instructor: Anne Brackley

Dates/times: Fri 7 Feb - 27 Mar 10am-12noon

Fee: Free



Introduction to Event Management

This introductory course will expose you to all facets of planning and running an event. Areas covered include, where to start, what roles need to be fulfilled, budget required, people needed. Also covering debriefing and follow up.

Instructor: Anne Brackley

Dates/times: Thurs 6 Feb - 26 Mar 2-4.30pm

Fee: \$120 or **Conc** Free



Introduction to Community Services

Gain a better understanding of how community services work and opportunities for you to pursue this sector as a new direction for you. So, if you are a volunteer, returning to work or looking for a career change community services sector may be for you. Community services sector is growing.

Instructor: Kerry Murphy

Dates/times: To be advised

Fee: Free



Returning to Learning

If it has been a while since you did any studying, this course is designed to assist you. The course will help with issues like you feel as though you have been left behind or feeling that you may not be able to keep up. You will also develop a career portfolio.

Instructor: Anne Brackley

Dates/times: Tues 4 Feb - 24 Mar 9am-12 noon or Wed 5 Feb - 25 Mar 9am-12 noon

Fee: \$16 conc Free



Folio Preparation & Visual Diary Journal

Create a folio which will provide an opportunity to build art or design skills as a pathway for students seeking entry into TAFE or University. Also create a visual diary made up of notes, diagrams, collage, photography and so on.

Expression of interest

Accredited Courses

Provide CPR Code HLTAID001

Pre-course work is required please contact Mirelle to reserve your place on 0412 247 849

Instructor: Stayin' Alive First Aid

Dates/times: Fri 21 Feb 9.30am-12noon

Fee: \$60

Provide First Aid Code HLTAID003

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid

Dates/times: Fri 21 Feb 9.30am-3pm

Fee: \$120

Provide an emergency first aid response in an education and care setting Code HLTAID004

The unit of competency applies to educators and support staff working within an education and care setting and will contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law, and the Education and Care Services National Regulation (2011).

Instructor: Stayin' Alive First Aid

Dates/times: Fri 21 Feb 9.30am-4pm

Fee: \$160

Please contact Mirelle to book a First Aid place on 0412 247 849

Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909.



SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale - Annual Membership \$12 - each group charges a small fee ranging from \$2 to \$12 per session.

Kinship Carers

Meets monthly Monday - 3 Feb, 2 Mar 10am-1pm

SpringDale Reads

Our book group meets first Thursday each month 7.30-9pm

Tech and Talk

As a result of community requests Brenda will be hosting a monthly Tech and Talk group to help ex-students keep up to date with their computing and information systems journey of learning journey.

Wed 26 Feb, Wed 25 Mar 1-2.30pm

Card Games

Enjoy playing cards? Come and play Canasta & Bolivia. Monday afternoons 12.30-3pm.

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the first Tuesday of the month between 10.30-11.30am.

Dining Club

Monthly dinner for new residents and people interested in meeting new people and trying local dining experiences. Dates and venues are published monthly in the SpringDale Messenger. Register your interest by emailing office@springdale.org.au or phoning 5253 1960

Girls' Shed / Craft Group

A great activity for all year. Keep your hands busy and be creative. Bring your UFOs (Un Finished Objects) Tuesday weekly from 1-3pm.

Badminton

Wednesdays 1-3.30pm weekly at The Scout Hall Drysdale. New Members welcome.

Bellarine Community Choir

Peninsula residents are welcome to join this choir. We sing 4 part harmony to perform at functions on the Bellarine and Geelong. All welcome.

Thurs 1.30-3.30pm

Cryptic Crosswords Group

This group meets Fridays 10am at Zoo Cafe and solves crosswords from the Guardian. This group is for seasoned cryptic crossword solvers. We may provide workshops for beginners if there is a need.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible, register your interest. Mondays from 9-10.30am

Venue: Drysdale Scout Hall

Genealogy

People interested in researching family history come together weekly and share tips and tricks. Thursdays 9am-12 noon

Jigsaw Club

Borrow a jigsaw from a big library, 40c each. The first Thursday of the month from 10am-12noon.

Mahjong Club

This group meets Wednesday from 9.30am-12noon.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. Weekly Mondays 8.50-10am (Contact SpringDale for meeting points)

Scrabble Club

Held on Tuesday afternoon, 1pm-3pm and caters for players of all abilities and new players welcome.

Men's Kitchen - Tuesday Mornings

Tuesday morning 10am-1pm

Location: St Leonards Recreation Reserve

Fee: Price depends on menu

Men's Kitchen - Wed/Thurs/Fri Morning

Wed/Thurs 10am-2pm

Fee: Price depends on menu

Men's Kitchen - Wednesday Evening

We will be running a Men's Kitchen every second Wednesday evening from 5pm-8pm.

New members welcome

Fee: Price depends on menu

SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 9am-12noon or Wed 1-4pm.

Wheeler Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

Rides Mon, Tues, Wed, Fri and Sat or Sun.

SpringDale Singers

SpringDale Singers meets at SpringDale Neighbourhood Centre on Tuesday afternoons at 1.30-3.30pm.

We sing in harmony (4 parts) a wide range of music and song; enjoying good fellowship and the joy of singing. Several conductors (from the group) strive to enhance performance over the year. We are not a performing choir although we do have an end-of-year performance at SpringDale Centre. We welcome any interested singers to join us; the ability to read music is not essential, we learn as we go.

Write About

A group of committed Writers ranging from Biographers, Poets, Storytellers, Song and Report Writers meet on the 1st Thursday of the Month from 2.30-4.30pm.

Line Dancing

Join our group. Every Wednesday 10am-12noon.

Scrapbooking & Card Making Group

Organise your precious memories by scrapbooking your photos or cardmaking for all occasions.

Scrapbooking solutions, products & use of tools.

Date/time: 2nd Thurs each month, 1-4pm

Instructor: Lyn Clough

Fee: \$10 per session Ph 5251 3008

Harvest Basket Produce Swap & Edible Gardening Group

Meets 1st Saturday of every month in the SpringDale Hall. You do not need to have anything to swap to come along and forge friendships and share veggie gardening skills.

Date/time: 9-10.30am

Felling

This is not a class but people coming together to enjoy felling. If you're not sure what felling is, just pop in for a look. For further information you can contact Julie 0409 368 290 or Jill 0435 499 820 for info.

Date/time: 1st Saturday each month. 10am-3pm

Community Garden

Growing Green - a Healthy and Sustainable Community.

Work in the communal area or establish your own personal plot to produce fresh food of your choice to be enjoyed at home, swapped with other members or donated to the Drysdale Community Church's Foodbank project. Membership forms, details of annual payment and other information are available from the SpringDale Office.

5D Diamond Painting group

Combining mosaic beading and colour by numbers to make a gorgeous picture that you create yourself. Kits provided at cost price. Second Saturday each month 11am-4pm \$4.

Bowling on the Spectrum

Lawn Bowling group meets at Drysdale Bowling Club 2nd and 4th Wednesdays 10am-12noon

Business on Bellarine

Business network group meets weekly Tuesday mornings 8-9am

Wednesday Morning Craft

Patchwork, candle wicking, machine piercing, or whatever 9.30am-12noon 1st and 3rd Wednesdays

Let's Talk about Death and Dying

First Wednesday each month

Drama

Ever wanted to learn how to Act and Perform? Or just have some fun and grow your confidence? Don't want to be on stage? Fine, come and help behind the scenes, or just join in off stage.. There is a small group of wonderful, talented and supportive people who have already tried and loved it and will be in the group already. So you won't be on your own.

Dates/times: 12.30-2pm Wednesdays

Harmony Group

Building a better world we meet as needed to bring an annual Harmony Day together - please let us know you would like to help.

Lunch Bunch

We meet on 3rd Wednesday each month to enjoy lunch together at a local café.

Sci Fi Group

A new group to focus on bringing Science and Science Fiction to life - ring SpringDale for more details.

Talking about Autism

Meets quarterly to talk about Autism strategies

Drysdale Toy Library

By appointment

Portarlington Toy Library

By appointment

Non SpringDale Activities

Drysdale Guides

Our Mission is to enable girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre. Jr Guides girls aged 5 - 11 years meet from 4-5.30pm and Senior Guides girls 11 to 18 years meet from 6.30-8pm. Contact Anne Brackley for more details 0407 529 205.

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention & direction.

Instructor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale

Dates/times: Ball class Tues 28 Jan 8.45am

Beginner/Intermediate floor classes

Tues 28 Jan 10.30am or 11.40am &

Thurs 30 Jan 6.45 pm or 8pm.

Fee: \$135 (9 classes).

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first Monday of the month at 1.30pm - 3pm. New members welcome. Just turn up.

Bellarine Camera Club

We are a friendly group of amateur photographers, enjoying the challenge of improving our photography by actively taking photos, learning by entering competitions and talking to other members and judges about our photography. Bellarine Camera Club meets at SpringDale Neighbourhood Centre, Drysdale, at 7:30pm on the first and third Monday of the month. For further details call in to a meeting, or go to our website www.bellarinecameraclub.org.au

Fortnightly Clay & Cocktails by Candlelight

Come and have fun at Hazy Tales Pottery Studio whilst unleashing your creative side with clay. Each fortnight we create something different. We also have childrens sessions, birthday parties, hen parties etc

Instructor: Sally Hobson @ Hazy Tales Art & Pottery Studio

Dates/times: Fortnightly on Thurs at 6.30 - 8.30pm

Fee: \$65

Book: www.hazytales.com.au or

Call/text: 0439 709 492

Potential New Group

Outdoor sketching group

Outdoor sketching group has been suggested it could run once a month alternating between Saturdays and Sundays please register your interest with SpringDale 5253 1960

SpringDale Business & Community Services

Photocopying, faxing, scanning, transfer video tape to dvd, transfer slides to digital format.

These services are available 9am-5pm weekdays and maybe available after hours and weekends by arrangement.



JP Document Signing Service

Wednesdays 10am - 12noon an Honorary Justice of the Peace is available to witness most documents excluding Births, Deaths and Marriage certificates.

This is a free service staffed by local volunteer JPs. Bus stop at front of building, waiting time minimal and parking available.



Enrolment & Payment Conditions

Scheduled Fees:

Courses at nominated rates.

Single Sessions:

Incur a \$5 Administration Fee.

ENROLMENT

5 ways to book into a class -

Phone: (03) 5253 1960

Text: 0416 450 534

In person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale

Online: courses.springdale.org.au

Email: office@springdale.org.au

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
If there are not enough enrolments to successfully run a course, it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified, and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

PRIVACY

The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Please sign up for course updates via webmail, texting or a phone call.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:

